

## What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is an illness, like the flu, that can spread from person to person. The newly discovered virus has spread to countries all around the world, including the United States. There is no vaccine, so people should take steps to protect themselves by stopping the spread of germs.

## Symptoms can include

**FEVER**



**COUGH**



**SHORTNESS OF BREATH**



Symptoms may appear 2-14 days after exposure. If you have been in close contact with someone confirmed to have COVID-19 in the past two weeks **and** develop symptoms, **call your doctor**.

## Stop the spread of germs



**WASH YOUR HANDS WITH SOAP FOR AT LEAST 20 SECONDS**



**AVOID CONTACT WITH SICK PEOPLE**



**COVER YOUR COUGH**



**AVOID TOUCHING YOUR EYES, NOSE, AND MOUTH**



**CLEAN FREQUENTLY TOUCHED SURFACES**



**STAY HOME WHEN SICK**

## For more information

**cdc.gov**  
**health.mn.gov**  
**COVID-19 Hotline: 651-201-3920**

**Viruses don't discriminate, and neither should we. Stigma will not fight coronavirus. Sharing accurate information will.**