

Portrait of Promise: Preventing Shaken Baby Syndrome
Video Post-Test

1. Shaken Baby Syndrome (SBS) is a form of child abuse. **True** (True or False)
2. Vigorous shaking, for only a few seconds, will not result in death, but could cause a serious injury in an infant. **False** (True or False)
3. The younger baby is particularly vulnerable to Shaken Baby Syndrome because:
 - a. **Their head is large in relationship to the size of the body;**
 - b. **The baby has weak neck muscles;**
 - c. **The baby's brain is under developed.**
4. When shaken, the infant's brain slams repeatedly against the skull; blood vessels are torn which causes **bleeding** in the brain and on its surface. Often the retina of the eye is damaged, and the **spinal cord** may be injured.
5. List at least 5 **medical conditions** that can happen to a baby that is shaken:
 - a. **Brain damage**
 - b. **Blindness**
 - c. **Paralysis**
 - d. **Seizures**
 - e. **Fractures**
 - f. **Death**
6. Who could shake a baby?
 - a. men
 - b. women
 - c. parents
 - d. daycare providers
 - e. grandparents
 - f. teen babysitters
 - g. a sibling
 - h. any of the above**
7. List at least 4 **safe options** that a caregiver has when an infant won't stop crying:
 - a. **Feeding the baby slowly;**
 - b. **Offering a pacifier;**
 - c. **Taking the baby for a walk or a ride in the car;**
 - d. **Simply holding the baby;**
 - e. **Putting the baby in a crib, close the door, and go to another room to watch t.v., listen to music, or exercise to help calm down.**
 - f. **Call a friend or relative to talk out your frustration or see if they can relieve you for a while.**